

Safety Seminar

After Injury

Tracy Johnson had to make a life changing decision, to amputate her leg. She will share her journey back from injury as she regained her life.

At the age of 20, Tracy Johnson chose to have her leg amputated after numerous efforts to save it. In this session, Tracy shares her journey back to the University basketball court three months afterwards.

We make choices every day, and, returning to work after an injury or trauma can be one of the scariest. Specific actions and resources need to be available to facilitate a safe and successful return to work.

About the Speaker:

Tracy Johnson has a Master of Education in Educational Administration, is a Councillor for the City of Warman, and a Certified Success Coach. She is a two-time Hall of Fame athlete, runner up for an ESPY, a YWCA Woman of Distinction, and motivational speaker in British Columbia, Saskatchewan, and Manitoba.

After the amputation of her leg and endless surgeries she defied the odds by returning to play university basketball 3 months after her amputation. She became the first person to play university sports with an artificial leg.

She was featured in Sports Illustrated, Readers Digest and the National Inquirer, and have a U-Sport Women's basketball award named after her. Her journey back to play was full of unknowns and never-been-done-befores, but with clear goals and a strong network surrounding her it did not take long for her to get back 'on my feet' again.

As a mentor, teacher, student, and fellow traveller her story will empower, inspire, and motivate employees and allow you to facilitate their successful journey back to work.

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