



Share



Share or download the videos.



Click on a video title.



Copy the description for ready-to-use social posts.

Approved messaging from subject matter experts accompanies each video in the Description field.

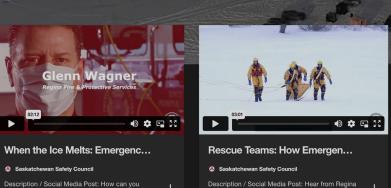
You may copy & paste the provided text in your social media, on your website, or use for public presentation.





Click Here To View Playlist Or Click Videos Below

Hear tips from experts to better prepare for outdoor winter activities on or around bodies of water. Featuring Regina Fire & Protective Services Deputy Chief, Glenn Wagner, and University of Manitoba Professor, Dr. Gordon



Your body will adapt if you stay calm.

Halting Hypothermia: How to S...

Good Ice, Bad Ice: Identifying ...

Saskatchewan Safety Cour

Description / Social Media Post: What are the

We would like to thank the following multi-year organizational-level sponsors:

Description / Social Media Post: If someone has

fallen into ice or cold water - What now? How do...



prepare for the worst-case scenario on a body of.



Fire & Protective Services Deputy Fire Chief, Glenn...







Description / Social Media Post: Cars, Trucks,

Snowmobiles and Bikes. How can you prepare wh

